

PREHN DENTAL OFFICE

PREPARATION APPOINTMENT INSTRUCTIONS

Today we prepared your teeth for Crown (s) or a Bridge. You have a temporary crown placed in this area. These temporary crowns are made of aluminum, plastic or cement. The temporary crowns are not how your crowns will look or feel. They help protect the tooth during fabrication of your new crown or new bridge.

1. **DO NOT FLOSS THIS AREA.** Keep it brushed thoroughly, especially along the gum line and on the sides. General sensitivity to hot and cold is normal during the temporization state, as is soreness along the gum line. The anesthetic or numbness feeling could last 2-3 hours after your appointment. Take care not to injure the soft tissue on the affected side.
2. Avoid sticky or hard foods because they will loosen the temporaries.
3. Warm salt water rinse– 1/2 tsp. salt dissolved in warm water.
4. Use a gentle brushing stroke around the temporary restoration.
5. If temporary comes off, keep the area clean. If pain is constant, please call the office.
6. Sometimes when removing decay, the nerve or pulp can become irritated– most often this is temporary.
7. Food impaction is common with temporaries.
8. Cold/hot sensitivity is a common occurrence with temporaries.
9. Root canals are possible on all teeth we crown. This all depends on pulp involvement during preparation and/or nerve death after completion of crowns. This pain is a throbbing, “heart beat” constant pain that can wake you at night. If this occurs during temporization, please let Dr. Prehn know.

Medication: _____

We look forward to seeing you at your next appointment to place your new crown or bridge.

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