

PREHN DENTAL OFFICE

BLEACHING

The Prehn Dental Office offers an “at-home” bleaching system. We take impressions of your teeth to fabricate trays to wear at home. You wear the trays with the bleaching solution in your mouth for about 1-2 hours per day for approximately 3 weeks utilizing different types of products with similar active ingredients (carbamide peroxide). Some treatment may require more time and some less. Follow-up appointments, usually once a week, are needed to evaluate progress. **Symptoms that can occur during the bleaching process are sensitivity to the teeth and gums. Some patients complain of a “burning” sensation of the gums, but this is transient in nature and is usually gone in a few days after the bleaching process has been completed.** A few patients have short-term, transient TMJ problems while wearing the bleaching trays; this is also transient in nature.

Studies and experience of home bleaching demonstrate that it lasts anywhere from three to five years or more. Touch-up kits may be necessary on a more frequent basis. Results are that patients never go back to the same shade they started with but darkening does occur with food substances such as tea, coffee and general aging. The cost per arch includes impression, materials and follow-up appointments for 3 months. **Future touch-up kits, if needed, will be a separate charge.**

If you are a new patient, an examination is required to appraise you of any dental concerns. We seem to have much better results with yellow-shaded teeth than gray-shaded teeth. The patient with existing fillings and/or crowns need to be cautioned that the fillings and crown material does not bleach like the natural teeth adjacent to these areas. This can sometimes give varied results.

Other cosmetic concerns such as shaping and/or veneering of teeth can be addressed if vital bleaching does not meet expectations.

FREDERICK C. PREHN, D.D.S.
413 JEFFERSON STREET
WAUSAU, WI 54403
715-842-1270
E-mail: prehn@prehndental.com

PREHN DENTAL OFFICE

RECOMMENDATIONS

Recall: 6 Months 4 Months 3 Months Yearly

Problem area(s), please pay special attention too:

Specific techniques discussed, to be utilized at home:

HOME CARE/ORAL HYGIENE PRODUCTS

Toothbrush _____
Floss _____
Floss Threaders _____
Proxybrush _____
Floss Holder _____
Stimulators _____
Water Pik _____
Sulcabrush _____

MEDICAMENTS

Act _____
Listerine _____
Peridex _____
Rx Fluoride _____
Other _____

FREDERICK C. PREHN, D.D.S.
413 JEFFERSON STREET
WAUSAU, WI 54403
715-842-1270
E-mail: prehn@prehndental.com